

Fresh As A Daisy

This is so light and airy and just so fresh. Although it tastes 'light', it will fill you for a while as it has protein powder in it. Just emit this if you'd prefer too.



- ¼ cucumber, chopped
- ½ Apple, chopped
- 3 mint leaves
- 1 tsp Wheatgrass Powder
- 1 tsp Macca Powder
- 1 Scoop Protein Powder
- 300ml almond or coconut milk